



General Summer Camp: June 21 - 25, August 16 - 20

Ages 10-15 (as of Jan. 1, 2011). Fencers must have MDFC Yellow rank or equivalent experience. Each day will include a variety of fun activities including fencing-themed games, physical conditioning, balance, coordination, and agility training, footwork, group drills, group lessons, and open bouts. There will be fencing-themed videos in the morning and at lunch, and instruction in equipment repair, refereeing, and coaching. Each session will end with a tournament on Friday. Masks, body cords, and electric epees will be made available if needed. Required each day: fencing jacket, knickers, underarm protector, glove, long socks, athletic shoes, water bottle, lunch, snacks. Hours: 10am – 4pm.

Advanced Training Camp: June 28 - July 2

Ages 12+ (as of Jan. 1, 2011). Admission by invitation/application. Serious competitive training with stretching, conditioning, agility training, advanced footwork, group bladework, private lessons, video analysis, tactical training, and mental training. Cross-training with (non-combative) Kung Fu and Tai Chi Chuan exercises. Required each day: full fencing uniform, electric gear, water bottle, lunch, snacks. Hours: 10am – 4pm.

Introduction to Fencing Camp: August 23 – 27

Ages 9-13 (as of Jan. 1, 2011). This camp is ideal for beginners with little or no prior experience. Learn the Olympic sport of fencing in just one week. Campers will learn the basics of fencing: how to stand, move, attack, and defend, as well as the rules, scoring, and tactics. Required each day: fencing jacket, fencing glove, t-shirt, long athletic pants, socks that cover the ankles, athletic shoes that lace up with good traction, water bottle, lunch, and snacks. Boys must wear athletic cup and girls must wear chest protection. Jacket, glove, and protection cost approximately \$65 and must be bought before camp starts (see Equipment section of club web site for more details). Hours: 10am – 2pm.

Coaching Staff

Head Coach Greg Paye has been involved in fencing for over 20 years. He is a certified instructor with the U.S. Fencing Coaches' Association (USFCA). His professional coaching experience includes Boston University, Goucher College, D.C. Fencers Club, Boston Fencing Club, and Baltimore Fencing Center. He and his wife Heidi opened Maryland Fencing Club, Harford County in August 2008. Coach Paye will be assisted by his senior students who are currently working towards USFCA certification.

MARYLAND FENCING CLUB SUMMER CAMP ENROLLMENT FORM
(PLEASE SUBMIT ONE FORM FOR EACH CHILD)

FENCER'S FIRST & LAST NAME: _____

FENCER'S AGE AS OF JAN. 1, 2011: _____ **YEARS FENCING EXPERIENCE:** _____

PARENT / GUARDIAN NAME(S): _____

POSTAL ADDRESS: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT PHONE: _____

PLEASE CHECK ALL THAT APPLY:

___ **CHILD HAS PERMISSION TO LEAVE THE PREMISES DURING LUNCH (initial:)** _____

___ **GENERAL (1st session) JUNE 21 – JUNE 25, 10am – 4pm \$300**

___ **ADVANCED JUNE 28 – JULY 2, 10am – 4pm \$300**

___ **GENERAL (2nd session) AUGUST 16 – AUGUST 20, 10am – 4pm \$300**

___ **INTRODUCTION TO FENCING AUGUST 23 – AUGUST 27, 10am – 2pm \$225**

Earlier drop-off and later pick-up available. Please contact the club to make arrangements.

SUBTOTAL (FOR THIS CAMPER): _____

DISCOUNT \$25 PER CAMP FOR MDFC "COMPETITIVE" CLUB MEMBERS: _____

DISCOUNT \$25 PER CAMP IF PAYING FULL AMOUNT NOW (BEFORE 1st DAY OF MONTH): _____

TOTAL (FOR THIS CAMPER): _____

YOU MAY PAY NON-REFUNDABLE DEPOSIT OF \$100/CAMP NOW TO HOLD YOUR PLACE, WITH BALANCE DUE BY 1st DAY OF THE MONTH OF THE SESSION (JUNE 1 OR AUGUST 1), OR YOU MAY PAY FULL AMOUNT NOW AND GET A DISCOUNT. EACH CAMP REQUIRES 8 REGISTRANTS TO BE HELD. IF A SESSION HAS LESS THAN 8 REGISTRANTS BY THE 1st DAY OF THE MONTH, THE SESSION WILL BE CANCELED AND ALL MONIES PAID FOR THAT SESSION WILL BE REFUNDED.

In consideration of my child's participation in the sponsored activities of the Maryland Fencing Club, I acknowledge, agree to and understand that I am fully aware of and appreciate the risks, including the risk of catastrophic injury, paralysis, and even death, as well as other damages and losses, associated with participation in any fencing event. I further agree on behalf of myself, my heirs, and personal representatives, that Maryland Fencing Club owners, coaches, volunteers, and employees shall not be liable for any injury, loss of life or other loss or damage occurring as a result of my child's participation in the event, or as a result of equipment that may have been provided to my child for these activities. I declare my child physically and mentally sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation in any fencing activities. I understand that if I indicate on this form that my child is allowed to leave the premises that he/she will be unsupervised while outside the premises and club staff cannot be held responsible his/her safety during this time.

Signature and Date

Printed Name

PLEASE MAKE CHECK OUT TO "MARYLAND FENCING CLUB" AND RETURN FORM WITH PAYMENT TO:
Maryland Fencing Club, 3011 Emmorton Road, Abingdon, MD 21009